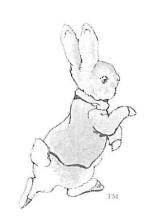
THE TALE OF PETER RABBIT

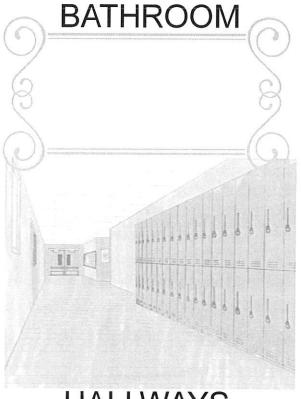


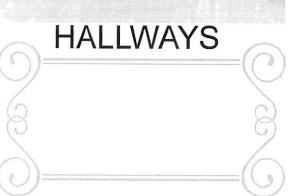
What did you learn about following rules from the video of Peter Rabbit?

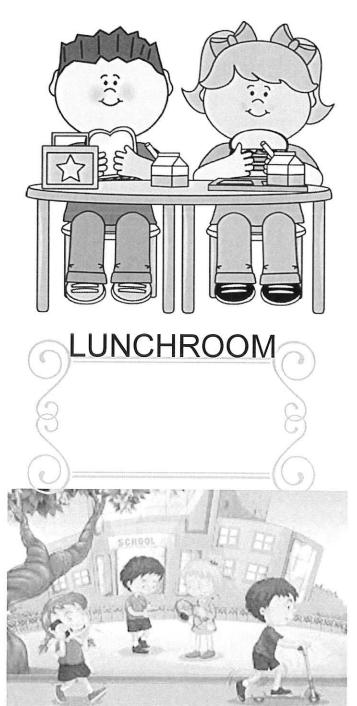


NAME THAT SCHOOL RULE ABOUT EACH OF THESE PICTURES:



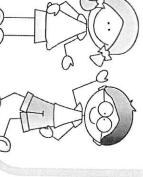








Why do you think it is important to have friends?



riendshi_l

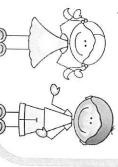
One way to make friends is to make the other person feel special.

Think about someone you are friends with or would like to be friends with. How is that person special? What can you do to make that person feel special?



is to make the other
person feel important.

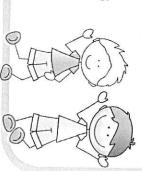
Think about someone you are friends with or would like to be friends with. How is that person important to you? What can you do to make that person feel important?



Friend

Friends are <u>interested</u> in each other.

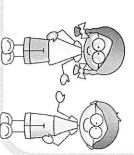
Think about someone you are friends with or would like to be friends with. What is that person interested in? Make a list of things about this person that you think are interesting.



Friends are interested in each other

J

show that you find nim or her interesting? friends with. What could you say to friends with or would like to be Think about someone you are What are some things you could do?



other. Friends <u>listen</u> to each

6

good listener? Why most of the talking? Were you a much do you remember? Who did conversation you had with a friend. or why not? How well do you listen? Think about a What were you talking about? How

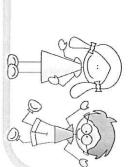
you ask this person?

other. Friends <u>listen</u> to each

9

Friends <u>listen</u> to each

would like to someone you are friends with or about him or herself. Think about encourage the other person to talk be friends with What questions could One way to be a good listener is to

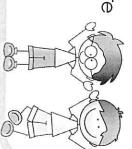


someone you are friends with or would like to be nterested in talking about things that person would be friends with. Make a list of interested in. Think about to encourage the other person One way to be a good listener is to talk about things he or she is other.

riendship

Friends <u>appreciate</u> each other:

Think about someone you are friends with or would like to be friends with. Make a list of things you appreciate about that person.

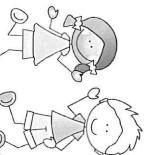


hốp

Friends <u>encourage</u> each other.

5

Think about a time that you encouraged a friend. What did you say? What did you do? How do you think that made your friend

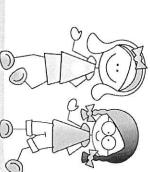




Friends <u>help</u> each other:

Think of a time when a friend helped you. How did your friend help? How did it

help? How did it make you feel?

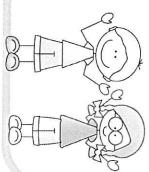


Friend

Friends <u>help</u> each other:

7

Think about someone you are friends with or would like to be friends with. What are some ways that you could help that person?.



Friends try to <u>work</u> out their problems.

Think of a time you had an argument with a friend. What happened? How did it end? If it did not go well, what could you have done differently?

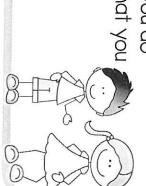


2000 A010 20

out their problems.

I

If you are having a problem with a friend, it can help to try to understand how your friend is feeling. What can you do to show a friend that you understand and respect his or

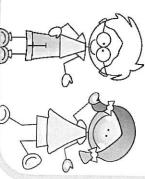


her feelings

Friends <u>play fair</u>. They take turns and share.

5

Think about a time when you were playing with a friend and your friend was not playing fair.
What happened? How



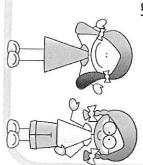
did it make you feel?

Friem

Friends <u>do not nag</u>, <u>pester each other</u>

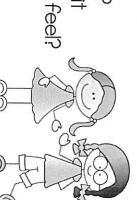
5

Have you ever had someone try to get you to do something by nagging you? How did it make you feel? How did it make you feel about the person who was nagging?



YDW. <u>each other</u> in a mean Friends <u>do not tease</u>

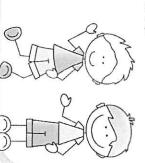
made your friend feel? friend that way? Why did you do it? How do you think it a mean way? Have you ever teased a What does it feel like to be teased in



Have you ever had a friend lie to you other Friends trust each

0

make you feel? a friend or broken a or break a promise? How did that promise? How did it feel? Have you ever lied to

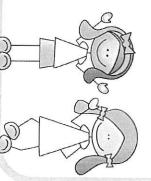


other person. wrong that affects the Friends <u>apologize</u> when they have done something

0

dea to apologize wher Why do you think it is a good

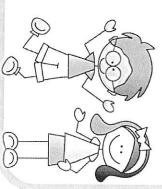
something wrong? you have done



each other. Friends try to forgive

20

affects you? a mistake that or she makes important to forgive your friend if he Everyone makes mistakes. Why is it



Friendship Cards created by Rachel Lynette Copyright ©2012-2017 all rights reserved

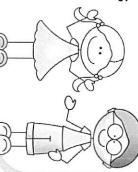
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did you do? Friends try to make

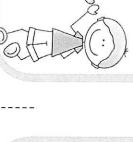
sometimes. Have you ever tried to help a friend who was Everyone feels sad or upset sad or upset? What each other <u>feel better</u>

2



ways you could solve different game. What are three different You and your friend each want to play a this problem fairly: 22

come to your class. you could do to start Make a list of things a friendship with A new student has this person





Your friend threatens to hurt you



You are nervous that your friend won't keep a secret



Your friend sometimes makes fun of you



Your friend helps you when you are sad



Your friend pressures you to do things you don't think are right.



Your friend won't let you choose the game to play.



Your friend invites you to their birthday party



Your friend tells you not to hang out with certain people.

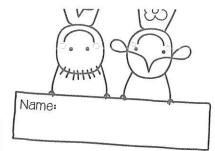


Your friend is sometimes mean to others at school.



Your friend asks you to sit with them at lunch.





Your challenge is to perform 3 or more acts of kindness from each list below. Colour the hearts so you can keep track of what you do & have fun creating smiles!

Please ask a parent or teacher if you're allowed to email a photo of you holding your list to lisa@ripplekindness.org so we can see how you did.

Mindress at School

- \bigcirc Give someone a compliment
- ♥ Give a friend a hug
- ♡ Include people when you play
- O Put a nice note on someone's desk
- O Help an adult with something
- O Give someone a turn
- O Use your manners
- ♥ Help tidy your classroom
- Make someone a thank you card
- Talk to someone who looks lonely
- C Listen to someone and really pay attention
- ☼ Tell someone about another person's kindness
- O Put flowers or kind notes on cars in the carpark

Kindness at Home

- O Do a job without being asked
- Put your stuff away
- Melp a neighbour or friend with something
- ♡ Clean your parent's car
- ☼ Share your stuff or a treat with someone
- Make your parents breakfast or lunch
- Take out the rubbish/trash
- Make your bed and tidy your room
- Melp your parents cook dinner
- ☼ Ask before you use someone's stuff
- Transfer the term of the contract of the contr
- Play with your brother, sister or pet

Lindness in the Community

- O Pick up rubbish/litter when you see it
- Compliment three people
- ♥ Smile at three people
- ∀ Hold a door open for someone
- ♡ Say hello to your neighbours
- 🗘 Leave positive messages in public places
- Write letters to people in nursing homes
- O Donate your old books to a hospital or doctor
- \bigcirc Take cookies to a police or fire station
- ♥ Set up a free car wash
- ♥ Say hello to an elderly person at the shops
- \bigcirc Leave bubbles in a park for kids to find

Cindness with Adults

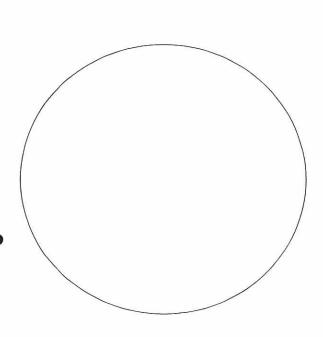
- \bigcirc Donate stuff you no longer want or need
- 🗘 Bake a cake for someone and take it over
- Mand out flowers or leave on windscreens
- Walk the dog with or for your parents
- ♡ Pick up rubbish/litter in a park
- ∀ Help at a community event
- O Do things to help without complaining
- Write positive chalk messages in public places
- Take a meal to a homeless person
- 🖰 Buy an extra ice-cream for a stranger
- Paint stones with positive messages to give away
- Take blankets or toys to an animal refuge

Ripple Kindness Project 2019

My "Inside

Out" Book

Created by: _



Sometimes, I feel Joy. Here is a memory that causes me to feel Joy.



Sometimes, I feet Fear.
This is a memory that
causes me to feet Fear.



Sometimes, I feel Disgust. Here is a memory that causes me to feel



Discourt

		The state of the s	
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Sometimes, I feel Sadness. This is a memory that causes me to feel Sadness.



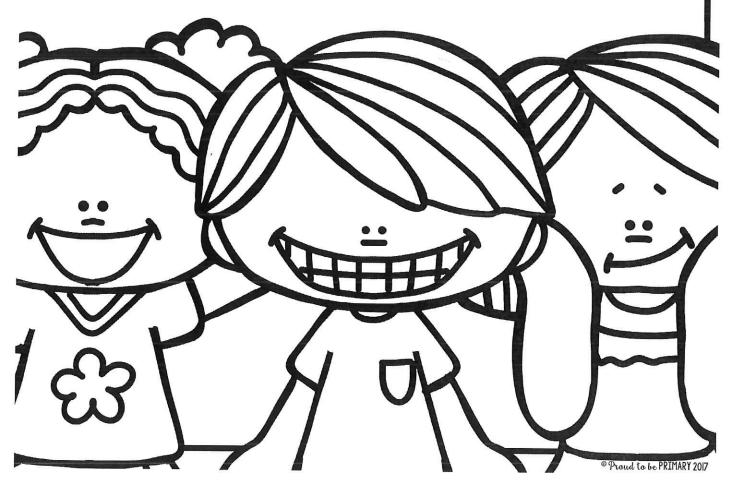
Anger	that	
Sometimes, I feel Anger.	This is a memory that	rouge me to feel ancor



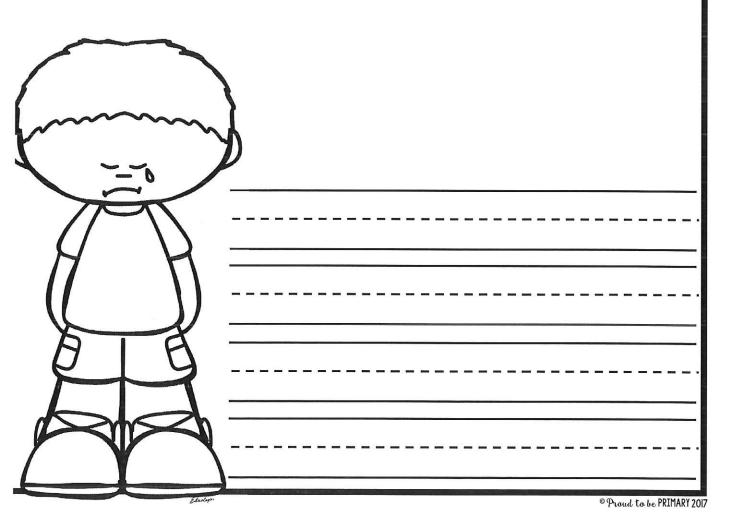
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my Feelings &Me

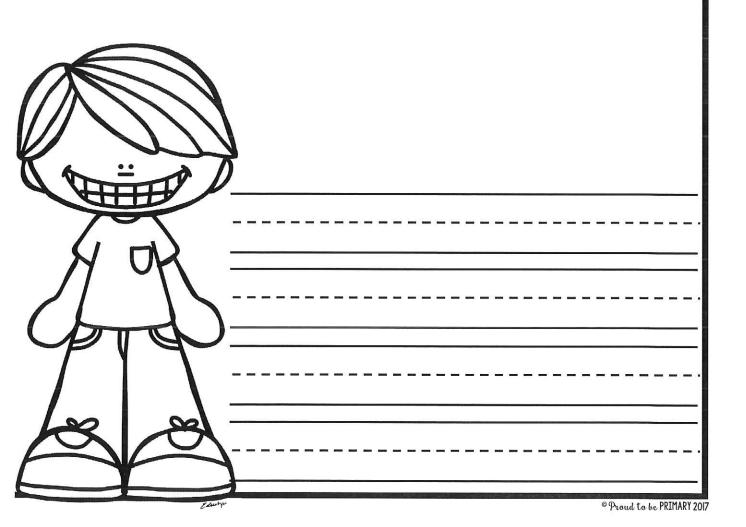
JOURNAL



I feel sad when...



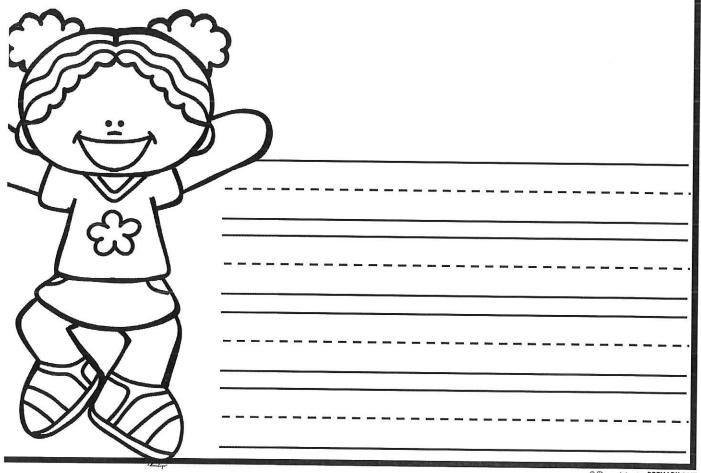
I feel happy when...



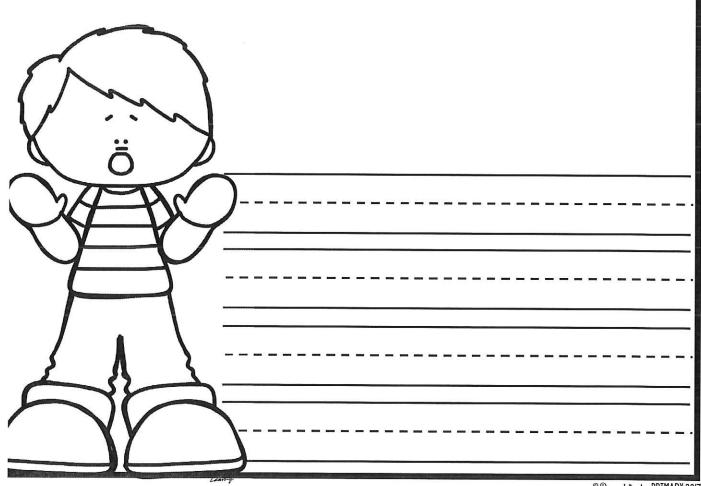
I feel mad when...



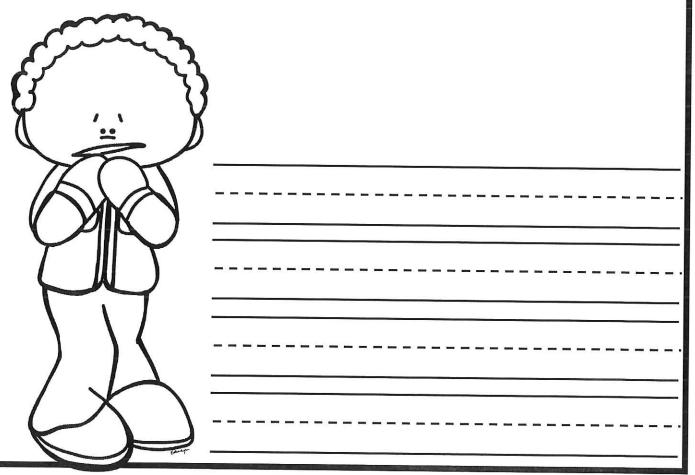
I feel excited when...



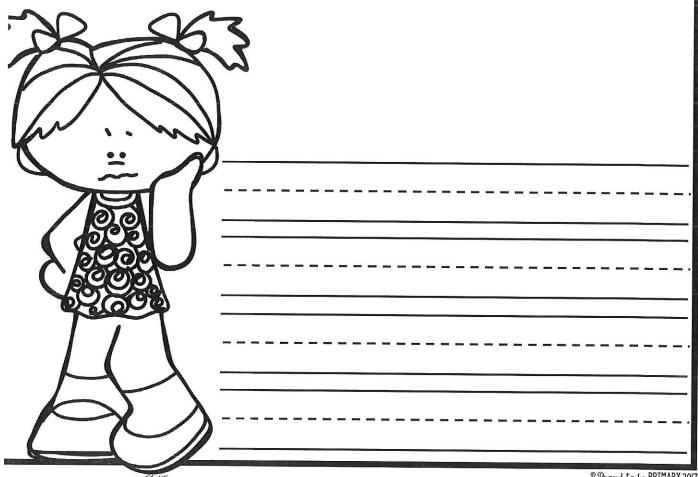
I feel surprised when...



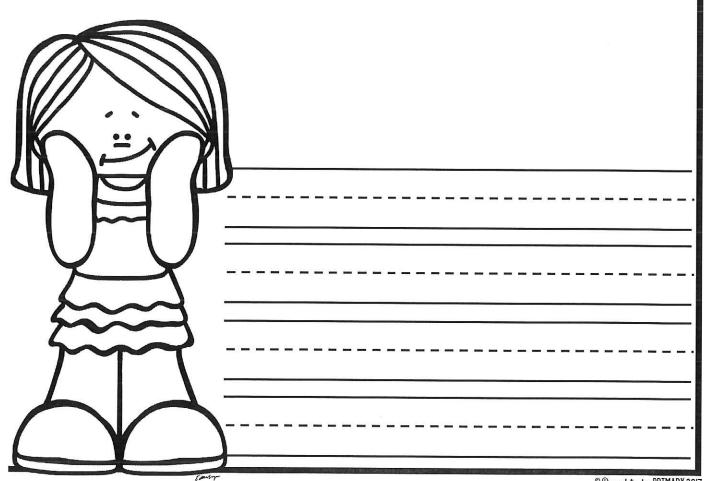
I feel scared when...



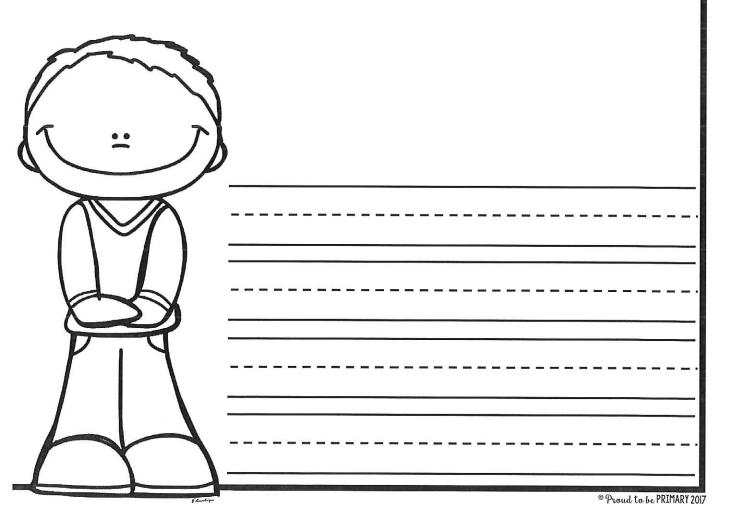
I feel confused when...



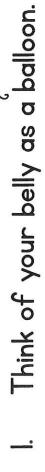
I feel embarrassed when...



Ifeel proud when...



≥ breathin



Put your hand on your belly to feel it rise and fall.

Take a deep breath in through your nose to fill your balloon.

4. Hold your breath for 2 seconds.

5. Breathe out through your mouth slowly to deflate your balloon.

6. Repeat balloon breathing 5 times.

*Follow your own breathing rhythm.



Whot makes You avesome?

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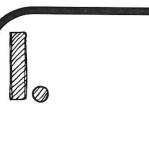
is owesome!

Ofractically Speeching

Whoi mokes You owesome?

Draw 3 things that make you awesome!

Are you good at something? Have a hobby? Enjoy something fun? Put it in the box!



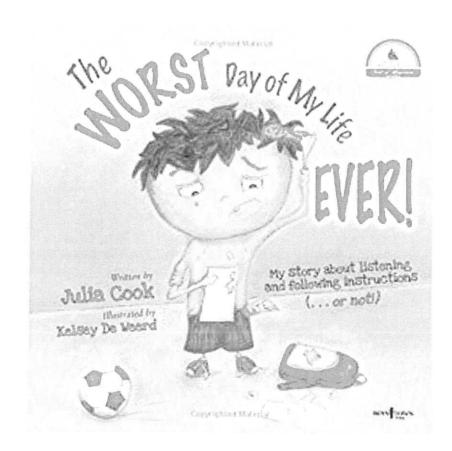


is ovesome!

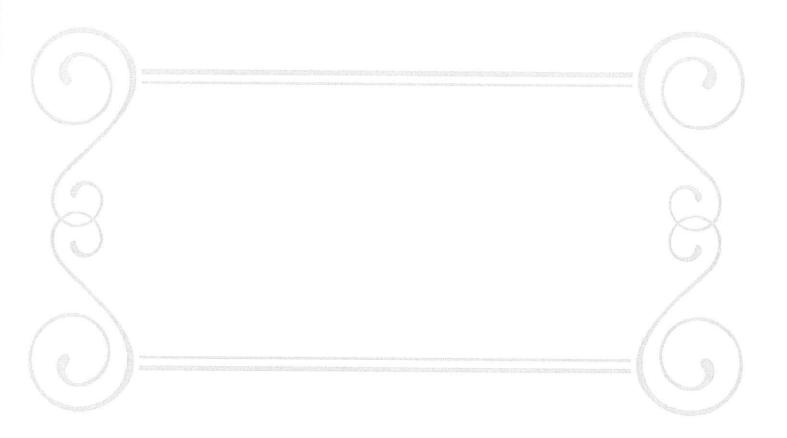
OPractically Speeching

This is what is AWESOME about YOU!





Why is it important to follow directions?



FOLLOWING DIRECTIONS COLORING ACTIVITY SPRING LISTEN UP!

Contents:

Page 6: Two step directions level two (specifies color) Page 5: Two step directions level one (no color specification). Page 4: One step directions level two (specifies color). Page 3: One step directions level one (no color specification).

Page 7: Open ended or make your own directions

Please take a moment to leave feedback on TPT for this product! Your feedback is important and it helps me create more FREEBIES for you!

the student(s). The student will color the picture according to the directions. Noprep and low ink! The therapist/teacher will read prompts listed on the right side of the paper to

Variations: Use the open-ended page and have the students give each other directions

different activities! Let me do the planning for you this spring! This is just a sample from my Spring NO PREP Language Packet! Check it out in my store! There are 90+ content pages and 28

THANKS FOR DOWNLOADING!

Name: Spring Listen Up!

One-Step

- mushroom. Color one
- Color the turtle with a hat.
- Circle one bird in the nest.
- Color the big butterfly.
- Draw an X on a snail's shell.
- Color the sun.
- Color the frog's hat.
- Color the small caterpillar.
- Color the turtle's umbrella.
- Color all of the butterflies.

Level One

Spring Listen Up! Name:

One-Step

- Color one mushroom red.
- Color the turtle with a hat green.
- Gircle one bird in the nest.
- Color the big butterfly pink.
- Draw an X on a snail's shell.
- Color the sun orange.
- Color the frog's hat yellow.
- Color the small caterpillar purple.
- Color the turtle's umbrella yellow.
- Color all of the butterflies.

LevelTwo

© 2016 Panda Speed

Spring Listen Up! Name:

Two-Steps

- Draw an X on the snail's shell and circle one butterfly.
- Color the middle mushroom red, then color the turtle's umbrella yellow.
- Color one of the birds in the nest blue, then color the big caterpillar green.
- Color the flowers that are next to the tree pink, then color the frog green.
- Draw an X on the biggest butterfly, then color the smallest bird red.
- Color the small caterpillar orange, then circle the first mushroom.
- Color the sun yellow, then color the small turtle green.
- Circle the big bird, then color one butterfly purple.
- Color the last mushroom orange, then circle the lady bug.
- Draw an X on the cloud, then color the snail's body yellow.

Level Two

© 2016 Panda Spe

Spring Listen Up! Name:

••

Two-Steps

- Draw an X on the snail's shell and circle one butterfly.
- Color the middle mushroom, then color the turtle's umbrella.
- Color one of the birds in the nest, then color the big caterpillar.
- Color the flowers that are next to the tree, then color the frog.
- Draw an X on the biggest butterfly, then color the smallest bird.
- Color the small caterpillar, then circle the first mushroom.
- Color the sun, then color the small turtle.
- Circle the big bird, then color one butterfly.
- Color the last mushroom, then circle the lady bug.
- Draw an X on the cloud, then color the snail's body.

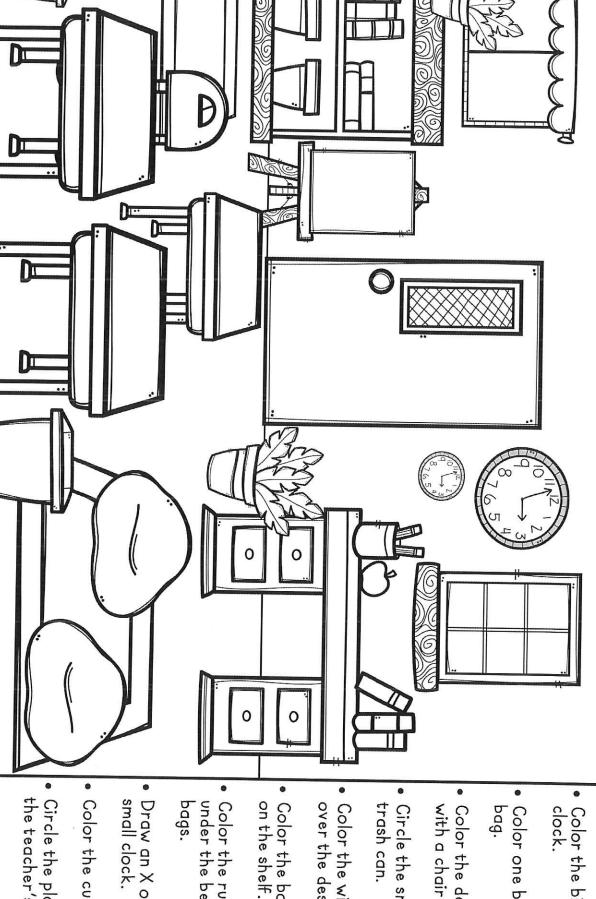
Level One

© 2016 Panda Speech

Classroom Listen Up!

Name:





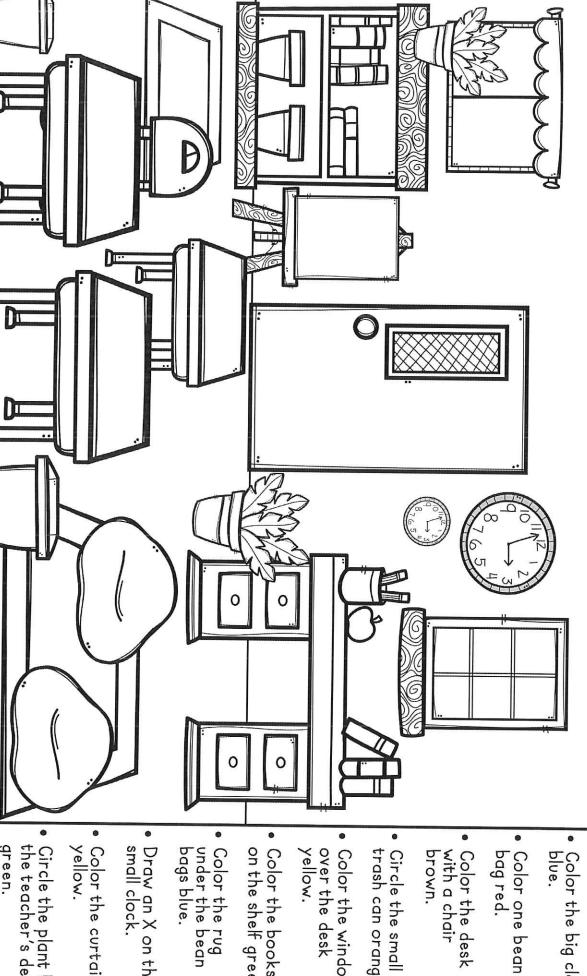
One-Step

- Color the big clock.
- Color the desk Color one bean bag.
- Circle the small trash can.
- over the desk. Color the window
- Color the books on the shelf.
- Color the rug under the bean bags.
- Draw an X on the small clock.
- Color the curtain.
- Circle the plant by the teacher's desk.

Level One

Classroom Listen Up!

Name:



One-Step

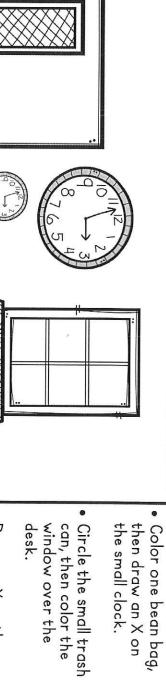
- Color the big clock blue.
- Color the desk with a chair brown.
- Circle the small trash can orange.
- over the desk yellow. Color the window
- Color the books on the shelf green.
- Color the rug under the bean bags blue.
- Draw an X on the small clock. Color the curtain yellow.
- green. Circle the plant by the teacher's desk

Level Two

Classroom Listen Up!

Name:

Two-Step



- Draw an X on the plant on the bookshelf, then color the desk with a chair.
- Circle the tissues, then color the easel.
 Color the books on

0

- Color the books on the shelf, then circle the backpack.
 Draw an X on the big
- Draw an X on the big clock, then color one desk.
 Color the small rug, then color the door.
- Circle the plant by the teacher's desk, then color both bean bags.

_evel One

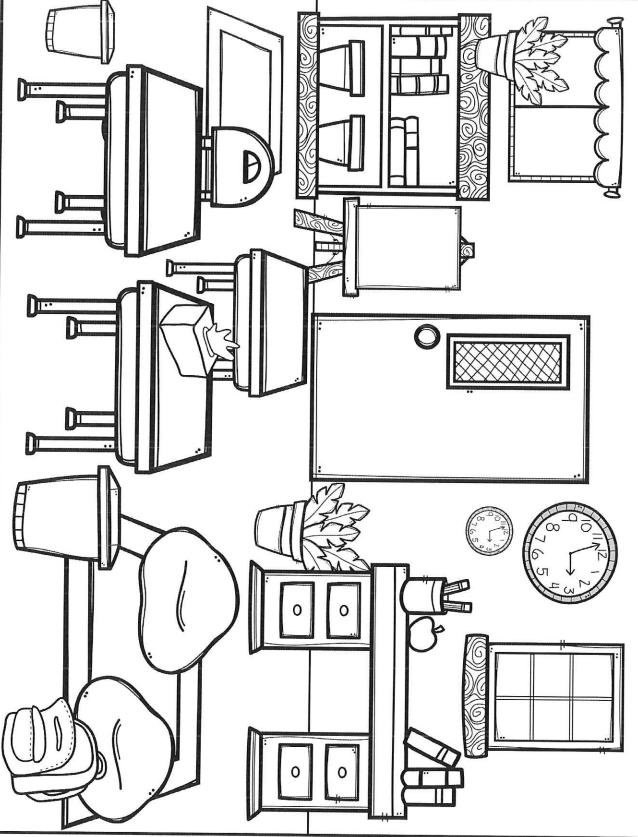
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D

Classroom Listen Up!

Name:





Wo-Step

- Color one bean bag red, then draw an X on the small clock.
- Draw an X on the yellow. Circle the small trash can, then color the the desk with a chair bookshelf, then color plant on the window over the desk
- orange. Circle the tissues, then color the easel

brown.

- Color the books on circle the backpack. the shelf red, then
- Draw an X on the big clock, then color one desk blue.
- Color the small rug green, then color the door orange.
- bags purple. then color both bean the teacher's desk, Circle the plant by

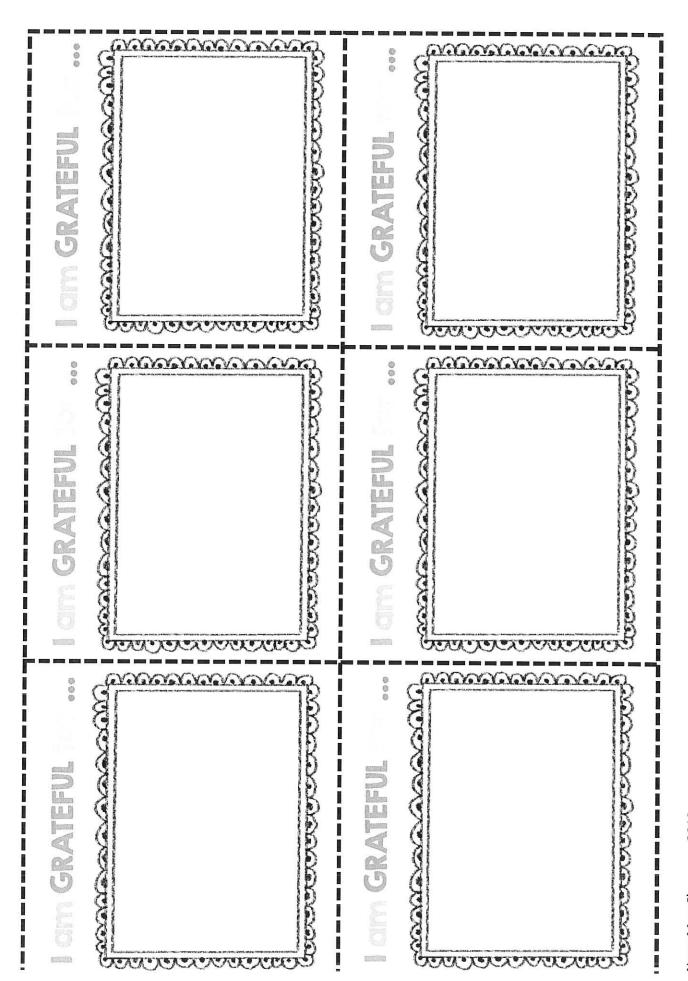
evel Two

My Gratitude Jar

Date:	

Today I am thankful for...





NurseMomShop.com 2019

Constitution of the second of	
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NurseMomShop.com 2019

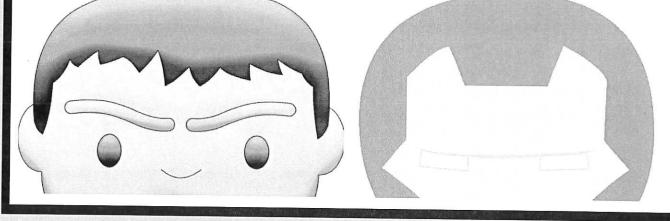
NurseMomShop.com 2019

My Values

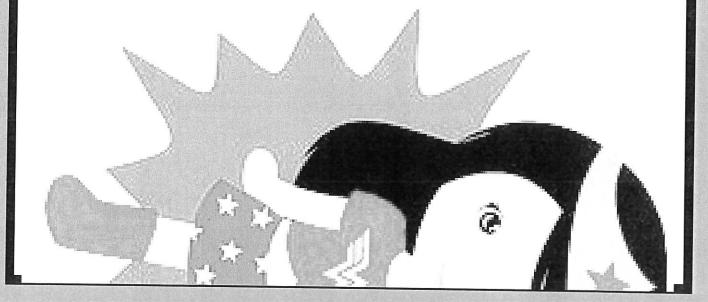
lame ——		— Date	9
From this I	ist, circle three values that are ve on the lines at the bottom of th	ery importa e list, but s	ant to you. You may add till choose three.
A†	Having good grades		Being creative
	Having fun		Being famous
	Spending time with my family	****	Freedom
	Having good friends		Helping others
	Honesty		Being rich
	Being a good athlete	# 🗍	Being popular
Which value	e is most important to you?		
Why is this	value so important to you?		
What value	do you think your parents woul	d choose a	as most important?
What value	do you think your closest friend v	would choo	ose as most important?

you Are amazing JUST the way v are! what Makkes
you different
is what makes
you

beautifu!!



you were made to be awesome!





erasers

How Big is My Problem?	HoW	Bi9	is	My	Prob	lem?
------------------------	-----	-----	----	----	------	------

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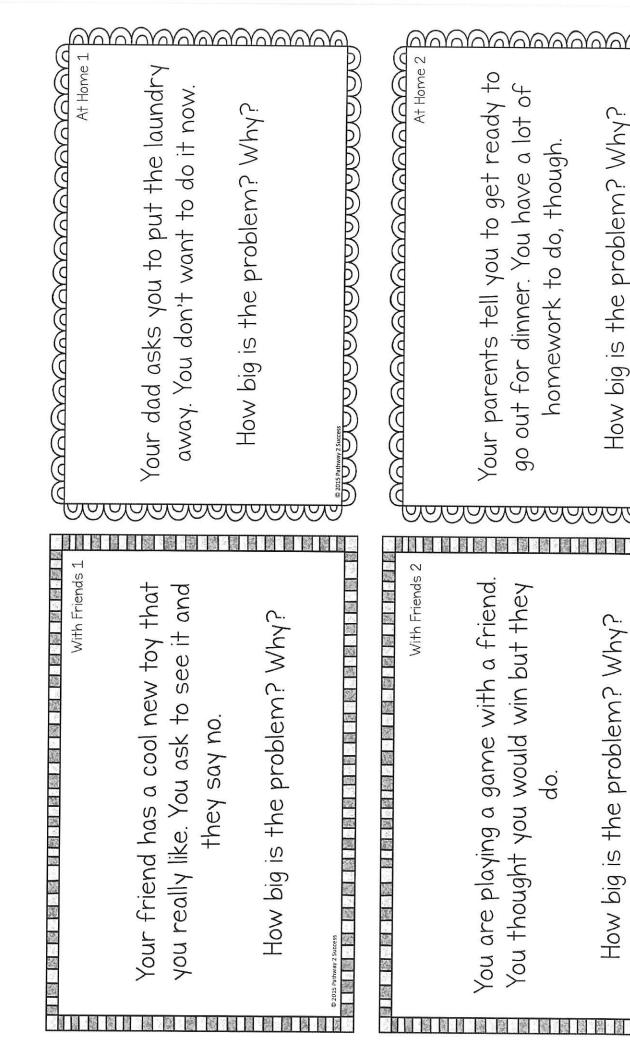
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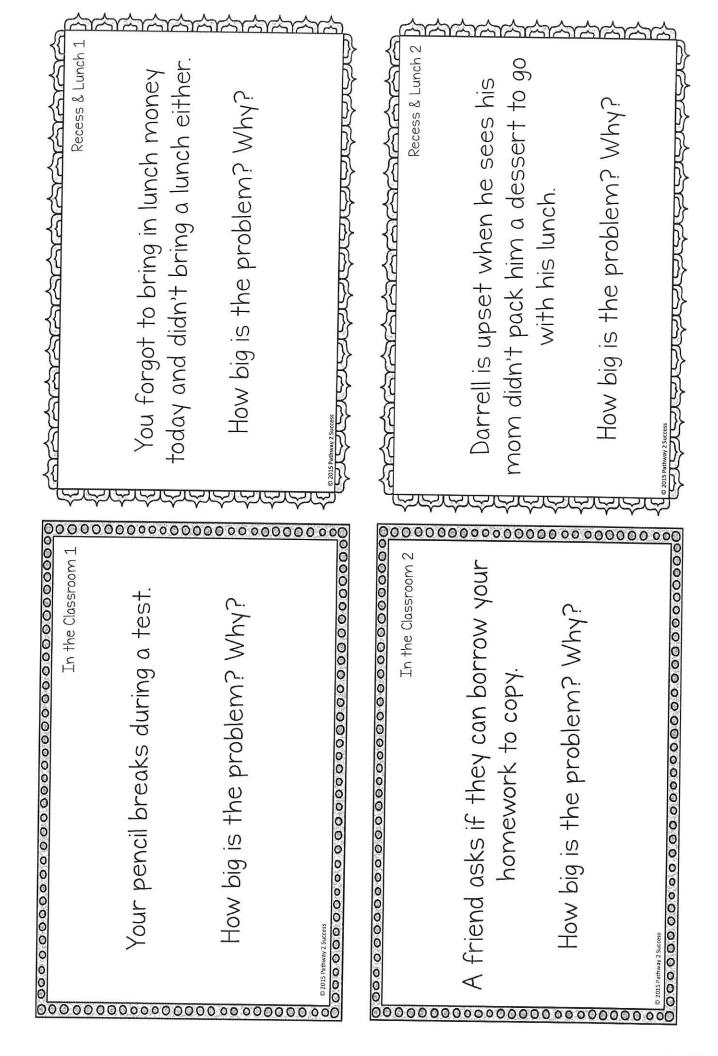
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, L	Light Dill 19 I I I I PRIVIT
	Emergency
5	Need serious help right away from adult
í <u> </u>	Tornado, Earthquake, Car accident, Immediate danger
	Massive Problem
4	Need a lot of help from an adult
	Someone is hurt, Things are being destroyed
	Big Problem
3	Need some help from an adult
	Argument with a friend, Someone saying something mean to you
	Medium Problem
2	Need a little help from an adult
	Feeling sick, Having to work with someone you don't get along with
	Little Problem
ı	Need a small amount of help or a reminder from an adult or friend
	Don't understand assignment, Lost your favorite pencil
	Glitch
0	Don't really need help - can fix on your own
	Dropping your pen, Not being the first in line, Changes in schedule

. . ..

1, 1,





Hallways & Specials 1

Someone bumps into you in the hallway and you drop your books.

How big is the problem? Why?

Hallways & Specials 2

Erika sees someone pushing someone else into a locker.

How big is the problem? Why?

5 Pathway 2 Success

How Big is the **Problem?**

Big I need adult help right away.

Medium I need

some help.

Small I can fix it

myself.

OSuper Power Speech, How Big is the Problem, page 3

what are appropriate reactions?

Yell for an adult

• Call 911 Run away

Get a teacher

Ask a friend to help

©Super Power Speech, How Big is the Problem, page 4

Ask an adult to help

walk away

gnore Fix it

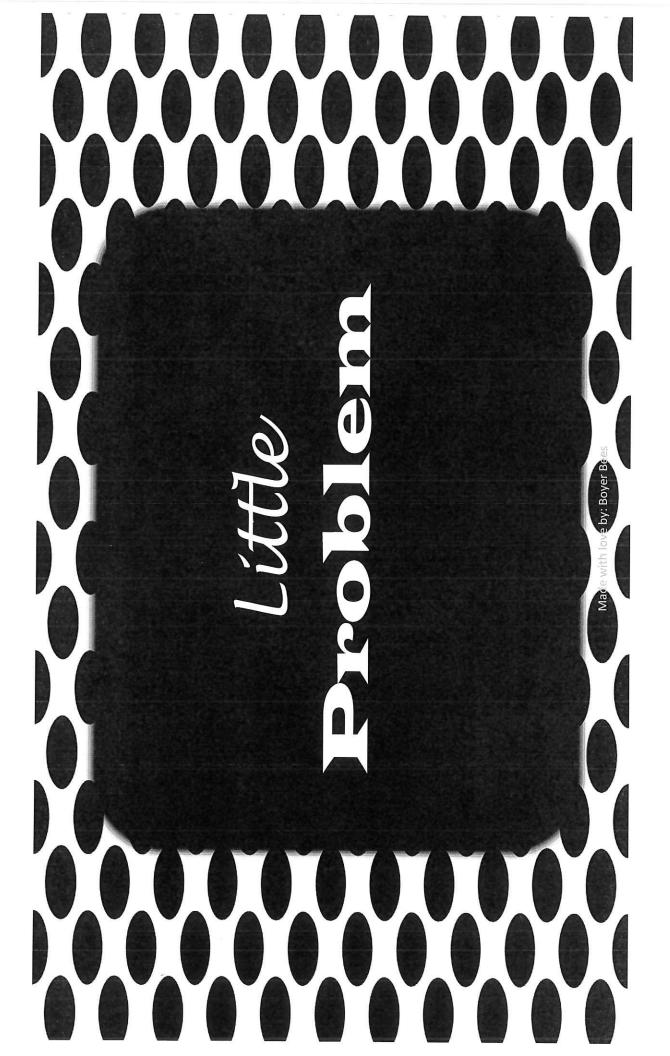
Problem	How big is the problem?	How should I react?
I am a mess from art class.		
The work is way too hard.		
Someone pushes me and I get hurt.		
My ice cream falls to the ground.		

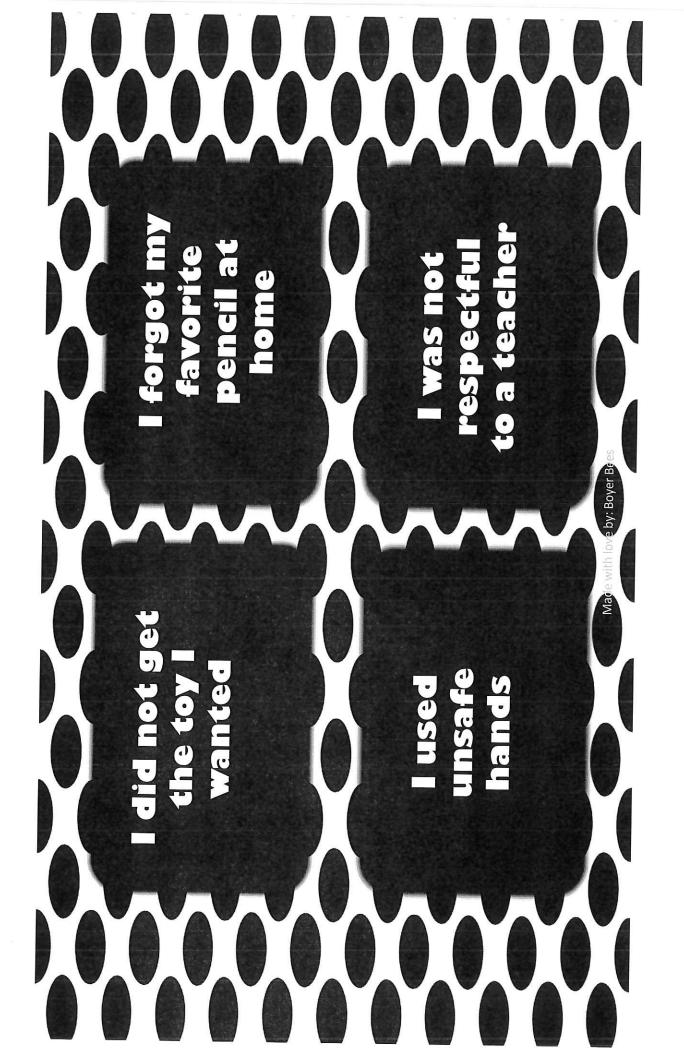
OSuper Power Speech, How Big is the Problem, page 5

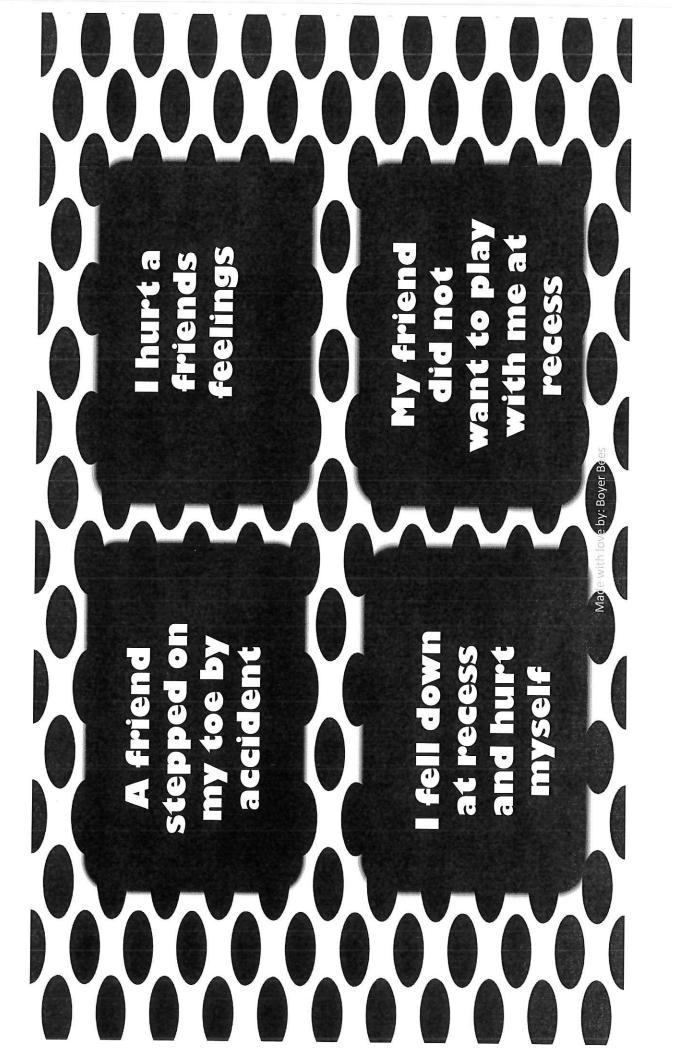
problem	How big is the problem?	How should I react?

©Super Power Speech, How Big is the Problem, page 6









Social Superstar!



What does it mean to Focus?



You forgot to raise your hand before speaking....

Go back 1 space.

them to play

with you at

recess...

and invited



action for the listening

Show the

If you can remember one

Rule of Listening

Take the shortcut.



You did not have safe hands and feet...

> Go back 2 spaces.

"Attenta-scope"

What is an...

classmate alone

You saw a

Move forward

1 Space!

classmate new no? yourself to a introduced



Show what a surprised face looks like!

Say 1 thing you can do if you if you get:

Distracted.

You complimented a friend! Move Forward 3 Spaces!

Make your body calm

Watching

Eyes

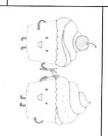
Share a too you can use

You didn't follow the teacher's directions... Move Back 1



Show what a disgusted face looks like...

Move forward 2 You made great Eye Contact! spacesi



Show the action for the listening rule...

Voice Quiet

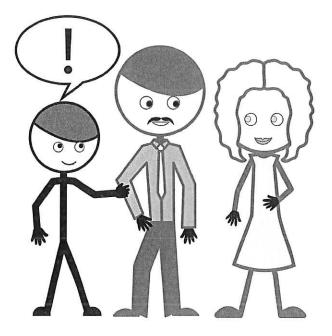
What Can Self-Talk Help you do?



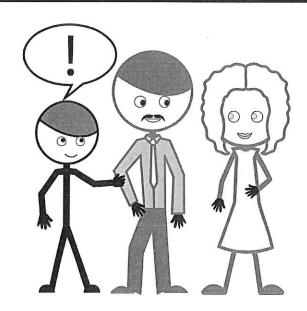
You get to lead a turn 0f...

My Turn, Your Turn!

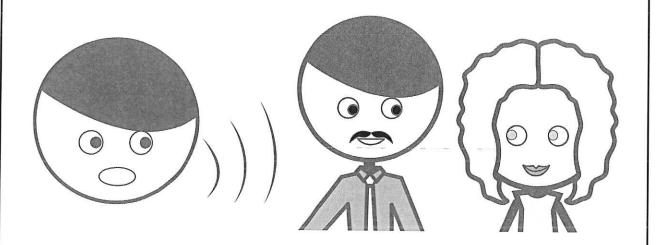




I Don't Interrupt

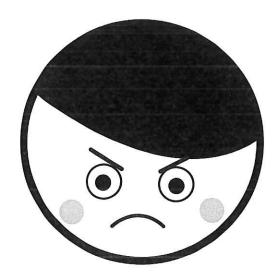


Sometimes, I want to talk to someone who is already talking to someone else.



Talking while someone is busy is called interrupting.

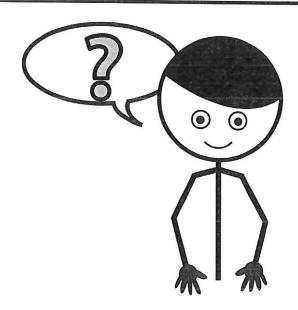
2



Interrupting can make people feel angry.



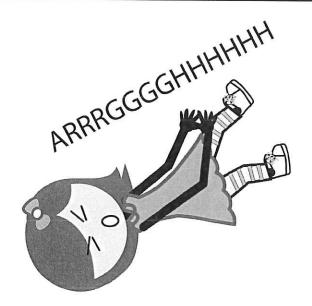
Instead, I can wait nearby until they have finished.



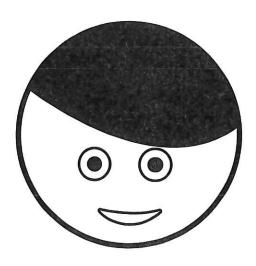
When they have finished talking, I can say "excuse me" and say what I need to say.



If I need to interrupt my teacher while they are teaching the class, I can raise my hand.



If someone is hurt, I can interrupt. It is okay to interrupt if there is an emergency.



Waiting and not interrupting makes everyone feel happy.

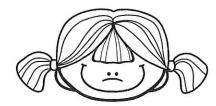
8

Name:_____

INTERRUPTING

Circle the correct response.

Interrupting can make people feel...







Instead of interrupting I can...

Wdit



A time it is okay to interrupt is in an...

emergency



WANTE AND THE SECOND TO THE SE
Name:
INTERRUPTING
TIVILLIVOI ITIVO
Interrupting can make people feel
Instead of interrupting I can
A time it is okay to interrupt is

Sorting okay/ not okay to interrupt (with color coding)



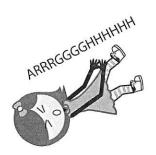
Someone hits you.



People are fighting.



You see fire.



Someone is hurt.



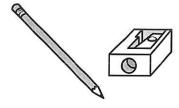
Someone is lost.



You feel unsafe.



Someone is being silly.



Your pencil is blunt.



You see a cute dog outside.



Someone's desk is messy.



You found a flower.



You feel bored.

Sorting okay/ not okay to interrupt

