

## **Ways to Help Families Manage while Social Distancing**

### **Talking to Children About the Coronavirus**

[Talking to Kids About the Coronavirus](#)

[Talking to Children about COVID-19 \(Corona Virus\)](#)

[How to Talk to Your Kids About Coronavirus](#)

### **Supporting Children & Helping Them Cope**

[6 ways parents can support their kids through the coronavirus disease \(COVID-19\) outbreak](#)

[18 Tips on How to Cope With Children During Quarantine](#)

[Psychologist offers tips to help children adjust to life during coronavirus spread](#)

[7 Ways to Support Kids and Teens Through the Coronavirus Pandemic](#)

[Child Coronavirus Anxiety: What to Do](#)

[Tips for Families: Coronavirus](#)

### **Parenting Support & Guidance**

[How to Manage Your Kids' Screen Time During the Coronavirus](#)

[5 Tips for Effectively Working From Home During the Coronavirus Outbreak, When You Have Kids](#)

[It's Okay if You Do Nothing "Extra" With This Time at Home With Your Kids](#)

[The Ultimate Guide to Hanging Out Virtually With Friends](#)